

2019 (HS) Cross Country Schedule

Spokane High School

Date	Competition	Location	Level	Time
9/7	at Bolivar	Away	V	9:00
9/12	at Willow Springs	Away	V	4:00
9/21	Southern Stampede	Away	V	9:00
9/24	at Nixa	Away	V	4:00
9/28	at Columbia	Away	V	9:00
10/5	at East Newton	Away	V	9:00
10/10	at Buffalo	Away	V	4:00
10/17	at Clever	Away	V	4:00
10/22	at Fordland	Away	V	4:00
10/26	SWCL Conference Meet at Blue Eye	Away	V	9:00
11/2	Districts	Away	V	TBA
11/9	State (Columbia)	Away	V	TBA